

## HOW TO GET INVOLVED

In addition to organizing a screening of *The Good Life – The Green Life* in your community, here are some ways you can be involved with the project:

- » Visit the Learn + Act page on our website at [goodlifegreenlife.ca/learn-act](http://goodlifegreenlife.ca/learn-act) to find additional resources and programs where you can get involved.
- » Spread the message about the film by following us on twitter @ [good\\_green\\_life](https://twitter.com/good_green_life) or by liking our facebook page: [facebook.com/goodlifegreenlife](https://facebook.com/goodlifegreenlife).
- » Receive updates about the film and events by signing up for our e-newsletter. Contact us at [goodgreen@policyalternatives.ca](mailto:goodgreen@policyalternatives.ca).
- » Find out more about *The Good Life – The Green Life's* parent initiative, the Climate Justice Project, by visiting [policyalternatives.ca](http://policyalternatives.ca).

We also invite you—and anyone who shares your interest in this issue—to contact us to:

- » Share your reaction to the film, and let us know how you are using it.
- » Request additional copies of the video and kit.
- » Request a speaker to talk about this film with a group or at a public event. Contact [goodgreen@policyalternatives.ca](mailto:goodgreen@policyalternatives.ca).

*The Good Life – The Green Life* is also available online at [goodlifegreenlife.ca](http://goodlifegreenlife.ca).

## CONTACT US

For more information or to order additional screening kits, email [goodgreen@policyalternatives.ca](mailto:goodgreen@policyalternatives.ca) or call 604.801.5121 x244. [www.goodlifegreenlife.ca](http://www.goodlifegreenlife.ca)



*The Good Life – The Green Life* is a project of the Canadian Centre for Policy Alternatives' BC Office.  
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# the GOOD life the GREEN life

*The Good Life – The Green Life* features nine amazing people who are thinking about and taking action on climate change—and the broader ecological crisis we face—in a variety of creative ways. Most people know climate change is a serious threat and want to deal with it, yet as a society we seem stuck in neutral. This documentary asks how we can, against these odds, define a different way of life, and work to make change locally and on a bigger scale. We hope this film inspires you to start, or keep up, conversations about the changes needed to deal with climate change, and to transform our society and economy so we live within our ecological limits. It's a big challenge—but it could also mean a better quality of life—a happier, healthier, more enjoyable way of living.

## DISCUSSION GUIDE

**Facilitators:** *Screening this video for a group of people (whether small or large, in your living room, or at a community hall) can begin a discussion about acting on climate change and inequality in your community. It can connect individuals and groups who want to learn more about these issues, raise public awareness, and make changes to live within our ecological limits with social equality in mind.*

*After viewing the video, we encourage you to use some of the questions below to facilitate a discussion. The first question will get the conversation started. After that, we recommend that you pick one or two questions from each section, depending on the amount of time you have.*

Download a poster for your screening at: [goodlifegreenlife.ca/learn-act](http://goodlifegreenlife.ca/learn-act)

- Q Share your name and briefly describe your response to the video in three words.

## INDIVIDUAL ACTIONS

**Facilitators:** *The following questions focus on how individuals think and act on climate change.*

- Q Have you ever tried to talk with others about climate change, and if so, what kinds of reactions have you received?
- Q What makes it hard to have a conversation about climate change? What are some of the challenges to living environmentally?
- Q The people featured in the film show that addressing environmental problems like climate change starts with making changes in everyday behaviours and choices. What kinds of choices do you currently make for the environment? What choices do you want to start making?

## COMMUNITY/COLLECTIVE ACTIONS

**Facilitators:** *The following questions encourage participants to broaden the discussion on climate change to include social inequality, your community, our broader society and public policy.*

- Q How is a strong community related to working on climate change? What are the elements of a strong community? What are some of the challenges to building a strong and sustainable community?
- Q What are some of the ways climate change is related to inequality and poverty?  
*Encourage participants to consider local and global examples.*
- Q There are limits to what any of us can do alone, and not everyone has the luxury or resources to live sustainably. What kinds of broad changes are needed at the community level, or to public policies more generally, so that living a good green life is possible for everyone?

**Facilitators:** *The following questions can help the group discuss the above question if they are stuck.*

- Q How does the design of our communities affect our ability to live a good green life? For example, housing, transportation, community services.



- Q How does access to key local services (such as child care and community amenities) influence our ability to live car-free?
- Q What policies or supports would help renters lower our/their energy use?
- Q How can a living wage or better income supports help families make greener choices?
- Q Given this discussion, what do you see as the most pressing issue for your community, our province and the country to address about climate change and social inequality?

*You may want to ask each person to answer this question either in a round or by writing their answer on a post-it note and then putting it up on a flip chart. As the facilitator you could then summarize the two or three top issues identified by the group.*

## ENGAGING DECISION-MAKERS

**Facilitators:** *The remainder of the questions focus on actions people can take to address these key issues.*

- Q Are there people or organizations in our community who you think should see this film?  
*We encourage you to request additional copies of the film and kit if your group would like to distribute copies to people or organizations they identify.*
- Q Who are the decision-makers, leaders, and others involved in climate change and social policy that we could talk to about our concerns?  
*Examples include MLAs, city planners, school boards, community centres, etc.*
- Q How many of you would like to continue to meet to work on the key issues we have identified?  
*Have a piece of paper ready so that you can collect contact information from participants.*